

An Event in Support of our Community...

Understanding, Preventing and Coping with *Teen Suicide*

This evening's program will address teen suicide, arming community members with education and tools to better understand suicide and to identify the signs and symptoms of depression and mental illness. By increasing the dialogue around this difficult topic, we hope you will leave with a greater comfort level in initiating conversations with children, teens and loved ones looking for comfort, support and help.

On the agenda:

Facts about teen suicide	Dispelling Myths about teen suicide
Research about teen suicide	Mental health related to teen suicide
Signs & Symptoms of depression	Information about Suicide Prevention
Suicide survivors support	Normal grief reactions following a teen suicide

**An exceptional panel of experts will discuss
your concerns and answer your questions...**

David C. Clark, Ph. D

Assistant Dean for Clinical Research and Professor of Psychiatry at the Medical College of Wisconsin Department of Psychiatry and Behavioral Medicine, Researcher, Writer and award winning professional in the field of Suicidology

Peggy Kubert, MA, LCSW

Executive Director Erika's Lighthouse, Educator and Private Practitioner

Nancy Perlson, MA, LCSW

American Foundation of Suicide Prevention Illinois Coordinator for Survivor Outreach Program, LOSS Group facilitator, yoga instructor, Speaker and Private Practitioner

Wednesday, May 1

7pm - 9pm

The Westin Chicago Northshore
601 N Milwaukee Ave, Wheeling



Presented by



For more information please visit our websites:

www.willowhouse.org • 847.236.9300 • www.tulipsforlauri.org