

Co-Sponsored by the Lauri S. Bauer Foundation for Sudden Loss
and The Jewish Healing Network

Hand in Hand: A Grief Support Group for Those 55 or Younger

For those who are grieving the death of their spouse or partner within the past two years. This group will focus on the issues facing younger spouses including taking on new roles, self-care, coping skills, and getting support. We will provide dinner and childcare.

Date: Mondays November 14-January 9, 2017

Time: 6:30 – 8:30pm

Place: Elaine Kersten Children's Center
255 Revere Dr., Northbrook

Fee: No fee

Contact: Elizabeth Siegel Cohen, LCSW

Phone: 847-745-5404

Email: ElizabethCohen@jcfs.org



One-stop, toll-free access for help. Call 855-ASK-JCFS (855- 275-5237), email ask@jcfs.org or visit jcfs.org.

JHNC is administered by Jewish Child & Family Services in collaboration with CJE SeniorLife, the Chicago Board of Rabbis & Jewish United Fund/Jewish Federation. JCFS is a partner in serving our community, supported by the Jewish United Fund/Jewish Federation.

